





PRESENTS A 25 MILE TIME TRIAL

To be held on Sunday 25th June 2023 at 06.30 am - Course Q25/10

<u>Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations</u>

Timekeepers; Andy McCall & Terry Fearn (Thanet RC)

Awards

1st on Scratch 3rd on Scratch	£20 £10	2nd on Scratch	£15
1st Vet on Age Adjusted Time 3rd Vet on Age Adjusted Time		2nd Vet on Age Adjusted Time	£15
1st Road Bike	£20	Team of Three	£10 each

Event HQ.

St Nicholas at Wade C of E Primary School, Down Barton Road, St Nicholas-At-Wade, Birchington, CT7 0PY.

Directions to start from HQ: Turn left from the HQ and then turn right into The Street. After approximately 100 metres, turn right into Manor Road. At the crossroads at the end of Manor Road, turn right onto the A28 to the start, approximately 500 metres from the crossroads.

Course Details - Q25/10

<u>Start</u> at public bridle way sign on A28, approx 400yards SW of St. Nicholas at Wade sign (TR 264658). Continue along A28 to St. Nicholas RAB turn left onto Thanet Way westbound. Continue to Broomfield interchange, turn left and over bridge to rejoin Thanet Way eastbound.

Continue to St. Nicholas RAB where turn left into Potten Street Road. Continue west along Potten Street Road, taking 2nd left, turning over the bridge (**Riders are warned to take special care at this junction as you must not cross the white line)** (SP St. Nicholas) and take the first left into Wantsum Way to rejoin Thanet Way westbound.

Proceed as on 1st circuit to return to St. Nicholas RAB turning left into Potten Street Road as above. Continue west along Potten Street Road, taking 2nd left turning over the bridge (SP St. Nicholas) and take the 1st left into Wantsum Way to **finish** at centre of 2nd drain past the entrance to St. Nicholas Court Farms (TR 262671).

Competitors Notes

- 1.Competitors must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- 2. In the interest of safety, you must wear recognised protective headgear that meets an internationally accepted safety standard. CTT Regulations state that **ALL** riders **MUST** wear such headgear.
- 3. **WORKING** front and rear lights, either flashing or constant, **MUST** be fitted to the machine at the start of the event.
- 4. Parking is not permitted within 25 metres of the start or at the finish.
- 5. Riders must not warm up on the course after the start.
- 6. It would be appreciated if riders did not wear shoe plates in the HQ.

- 7. Riders who use an inhaler for medical reasons (asthma etc.) should register the fact with British Cycling to satisfy UCI, CTT and BC anti-doping regulations.
- 8. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from any breaches in these regulations.
- 9. Riders are required to sign out when returning their number to the HQ.
- 10. Please ensure that you pin your number on your lower back as per CTT Regulation number 16. If you pin it too high on your back, the timekeeper may miss it and you could be shown as DNF on the result sheet.
- 11. Please keep the noise to a minimum to avoid unnecessary disturbance to the local residents.
- 12. Riders risk disqualification if they perform U turns in the start and finish areas or use these areas as a public toilet. Please be aware that traffic approaching the start area from Sarre may be moving fast.
- 13. Due to the layout of the course, you will pass the timekeeper twice.
- 14. On passing the finish timekeeper, you will need to stop <u>before</u> rejoining the Thanet Way and turn round in order to return to the HQ. **Please take extreme care when doing this as there may be other riders still competing and other road users to be considered**. To return to the HQ, return past the timekeeper, turn left at the T junction and then right into Down Barton Road after 200 metres.

Acknowledgements to Club Sponsors

GS Invicta Eye Level Optical, Herberts Cycles VeloRefined Aerosmiths Velorefined Aerosmiths Rule 5

Abellio SFA RT Abellio

VC Deal Hammonds of Dover

Thanet RC wishes you a safe and successful ride.

Event Secretary: Dave Mastin,

399 Margate Road,

Ramsgate, CT12 6SE

Tel. 01843 596774. Mob. 07939 535176. E-mail: david.mastin@btinternet.com

No.	<u>Start</u>	<u>Name</u>	Club	<u>Machine</u>	<u>Cat</u>
5	06:35:00	Pete Huckstep	Thanet RC	TT	Vet
6	06:36:00	Andy Burrows	Thanet RC	TT	Vet
7	06:37:00	Reuban Davey	Abellio - SFA Racing Team	TT	Esp
8	06:38:00	Paul Burrows	Thanet RC	RB	Vet
9	06:39:00	Mark Amon	Rye & District Wheelers CC	RB	Vet
10	06:40:00	James Odendaal	Army Cycling	TT	Sen
11	06:42:00	Simon Henderson	Thanet RC	TT	Vet
12	06:41:00	Tom Rowing	Abellio - SFA Racing Team	TT	Sen
13	06:43:00	Tim Kingston	GS Invicta - Eye Level Optical- Herbert Cycles	RB	Vet
14	06:44:00	Chris Bax	Thanet RC	TT	Vet
15	06:45:00	Alex Pearson	Woolwich CC	TT	Vet
16	06:46:00	Mat Lister	Thanet RC	TT	Vet
17	06:47:00	David Hodsman	Dulwich Paragon CC	TT	Sen
18	06:48:00	Mark Vowells	San Fairy Ann CC	Tri	Vet
19	06:49:00	Michael Coulter	Gravesend CC	TT	Vet
20	06:50:00	Paul Smith	VeloRefined Rule 5	TT	Vet
21	06:51:00	Peter Robertson	Lea Valley CC	TT	Sen
22	06:52:00	Gary Grayland	CC Bexley	TT	Vet
23	06:53:00	Nick Elson	Woolwich CC	TT	Vet
24	06:54:00	James Harrison	Hythe Cycling Club	TT	Vet
25	06:55:00	Mark Hill	VeloRefined Rule 5	TT	Vet
26	06:56:00	Lee Turner	Arctic Aircon RT	TT	Vet
27	06:57:00	Martin Brown	70aks Tri Club	TT	Vet
28	06:58:00	Andy MacPherson	VC Deal	TT	Vet
29	06:29:00	Sam Day	CS Grupetto	TT	Vet
30	07:00:00	Nic Fennell	Thanet RC	TT	Sen